

Brighton & Hove Lunch Clubs 2016







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Brighton & Hove Lunch Clubs 2016







Key CVS: Community & Voluntary Sector.







P/LAP: Public/Local Authority provider,







PSP: Private Sector Provider





Service	Activities	Address + Contact	Days / Times	Cost	Caters for
Age UK Brighton & Hove CVS	<p>Coffee morning and Poetry group.</p>   <p>There is also a lift.</p> <p>Contact for further access details</p>	<p>29-31 Prestonville Rd Seven Dials Brighton BN1 3TJ</p> <p>Best person to contact: Annette Goddard Telephone: 01273 720603 Email: annetteg@ageuk-bh.org.uk Website: www.ageuk-bh.org.uk</p>	Monday-Friday. Morning, lunchtime & afternoon Contact for further details.	£0 - £5	Older People
All Saints Church	<p>Since September 2013, on the second Sunday of each month, we have a drop-in and hot meal at All Saints Church Hall from 3-5pm. The meal is aimed at those who are homeless, vulnerably housed or those who feel excluded or on the periphery of society.</p>				
Ascension Church Westdene CVS	<p>Cafe style church on 4th Sunday mornings of each month. Monthly retired Lunch club on 4th Thursday of each month, lifts provided.</p>   <p>Contact for further access details</p> <p>Once a month, we host a friendship lunch for the retired. It is a two course meal with tea/coffee for £4 on the fourth Thursday of the month. The meal starts at 1pm and lasts to about 2.15pm. Everyone welcome.</p>	<p>Mill Rise Brighton BN1 5GS</p> <p>Best person to contact: Reverend Andy Bousfield or Olive 01273: 502543 Telephone: 01273 503926 Email: andy@ascensionbrighton.org Website: www.ascensionbrighton.org</p> <p>Men's Breakfasts is a regular meeting for men: we meet Saturday mornings at 9.00am at The Coach House, Patcham on the third Saturday of each month. Contact for further details or visit website.</p>		Free	Older People



Bluebird Society for the Disabled CVS	A fortnightly Sunday lunch club for members. Weekly "lunch out" club.  	176 Portland Road Hove BN3 2LS Best person to contact: Marian Varney Telephone: 01273 207664 Email: bluebird.hove@googlemail.com	Monday to Friday and Sunday. Morning through to evening. Contact for further details.	£5-£10	Mainly physical impairment in older people.
Brighthelm Church & Community Centre CVS	Senior Citizens Tuesday Lunch, Cheap senior citizens lunch offers on other weekdays, drop-in Sunday cafe.  	North Road Brighton BN1 1YD Best person to contact: The Director Telephone: 01273 821512 Email: info@brighthelm.org.uk Website: www.brighthelm.org.uk Other Web Location: Facebook:/BrighthelmURC and Community Centre Twitter @brighthelmurc	The building is open Monday - Friday and often at weekends. The cafe is open from 8.30 am. Contact for further details or see website.	£0 - £5	Faith Older People
Brighton & Hove Jewish Centre CVS	Lunch club.  	Ralli Hall 81 Denmark Villas Hove BN3 3TH Best person to contact: Norina Duke Telephone: 01273 202254 Email: rallihall@tiscali.co.uk Website: http://jewishsussex.designextreme.com/community/ralli/	Monday, Tuesday and Wednesday. Contact for further details or visit website.	£0 - £5	Faith Older People
Brighton and Hove City	Coffee mornings	Muriel House Ingram Crescent West	See activities	Other	







<p>Council Seniors Housing <i>P/LAP</i></p>	  <p>Call for further accessible information.</p>	<p>Hove BN3 5NS Best person to contact: Nina Elderfield Telephone: 01273 293401 Alternative Number: 07833 480068 Email: nina.elderfield@brighton-hove.gcsx.gov.uk</p>			
<p>Brighton and Hove District Mencap <i>CVS</i></p>	<p>Day outings for adults with learning disabilities to provide respite for carers. Includes lunch and tea.</p>  	<p>27 Withdean Crescent Brighton BN1 6WG Best person to contact: Robert (Bob) Parr - Administrator Telephone: 01273 724419 Email: bobparr5@hotmail.com Website: www.mencap.org.uk</p>	<p>Sunday 9.30-7 p.m Takes place alternate Sundays. Contact for dates and details.</p>	<p>£20 - £50</p>	<p>Learning Disability</p>
<p>Brighton Food Partnership</p>	<p>Hundreds of food-based events happen every year in the city. Here you can find out about everything that is happening.</p> <p>The Food Partnership regularly organises and attends events. You can find us running cookery demos and food growing activities as well as raising awareness about food waste and healthy eating.</p>	<p>Telephone: 01273 431700 Email: info@bhfood.org.uk Website: www.Bhfood.co.uk</p>			
<p>Brighton and Hove Probus Club <i>CVS</i></p>	<p>Club for retired business and professional men.</p>  	<p>C/O Brighton Golf Club Roedean Road Brighton BN2 5RA Best person to contact: Kenneth Brown - secretary Telephone: 01273 277634 Email: k.h.brown@ntlworld.com</p>	<p>Last Tuesday of each month. Morning, Lunchtime and Evening. Contact for further details.</p>	<p>Free</p>	<p>Older People</p>

Brighton and Hove Speak Out Advocacy Project CVS	<p>Speak Out work with the Brighton and Hove Food Partnership on a lunch club for people with mild learning disabilities who are socially isolated. Contact for further details.</p>  Contact for further access details	<p>Westwerks 41-43 Portland Road Hove BN3 5DQ Best person to contact: Sarah Pickard Telephone: 01273 421921 Email: sarahpickard@bhspeakout.org.uk Website: www.bhspeakout.org.uk</p>	<p>Monday, Tuesday, Wednesday, Thursday. Friday Contact for further details</p>	<p>Free</p>	<p>Learning Disability</p>
Brighton Unitarian Church CVS	<p>Community group meet regularly in the hall, for dancing, playing music, exercise, a cup of tea and company.</p>  	<p>New Road Brighton BN1 1UF Best person to contact: Marion Bance, Administrator Telephone: 01273 696022 Email: buc@brightonunitarian.org.uk Website: www.brightonunitarian.org.uk</p>	<p>Office open Monday and Tuesday. Telephone messages and emails picked up three times a day Monday to Friday. Sunday services 11 a.m.</p>	<p>Other</p>	
Calvary Evangelical Church CVS	<p>'Church Lunch' normally on second Sunday of the month (following our regular 11am morning church service); Men's breakfast on last Saturday of most months.</p>  	<p>72 Viaduct Rd (The Church next to the Fire Station at Preston Circus) Brighton BN1 4ND Best person to contact: Enquiries Telephone: 01273 682112 Email: mail@calvary-brighton.org.uk Website: www.calvary-brighton.org.uk</p>	<p>Wednesday & Saturday mornings, and Sunday lunchtime. Contact us for further details or see website.</p>	<p>Free</p>	<p>Our activities are part of our work as a local church at Preston Circus</p>
Central United Reformed Church	<p>Lunch club Saturday coffee morning</p>  Contact for further access details	<p>Ventnor Villas Hove BN3 3YF</p>	<p>Wednesday 12pm Saturday</p>	<p>£0 - £5</p>	

<i>PSP</i>	Contact for further access details	Best person to contact: Sheena Ireland - church secretary Telephone: 01273 734162 Alternative Number: 01273 749817 Email: info@centralurchove.com Website: www.centralurchove.com	10am - once a month. Contact for further details.		
Church of the Holy Cross CVS	Lunch club  	Downsway Brighton BN2 6BD Best person to contact: Mrs Christine Jones Telephone: 01273 681582 Email: chrissajoness@sky.com	Lunchtime Contact organization for specific times	£0 - £5	
Churchill House P/LAP	Bingo & raffle sessions. Forget me not club. Coffee morning 'Crafty Adults' craft club - fortnightly (Wednesday) 10am - 12pm FREE  	Hangleton Rd Hove BN3 7SG Best person to contact: Jenny Derrick Telephone: 01273 293389 Email: jenny.derrick@brighton-hove.gov.uk Website: www.housingcare.org	Wednesday and Thursday Morning, lunchtime and afternoon. Contact for further details.	£0 - £5	Older People
City Coast Centre CVS	Over 50's lunch club. Meet to eat.  	North Street Portslade BN41 1DG Best person to contact: Simon Lewis Telephone: 01273 433 433 Email: info@citycoastchurch.co.uk Website: www.thisisourcity.co.uk	Monday-Friday Contact for further details.	£0 - £5	Faith Older People Young Adults
Community Transport (Brighton, Hove & Area)	We run door to door bus services for people, including wheelchair users, who find it difficult or impossible to use the normal bus service. Our door to door	Preston Barracks Lewes Road Brighton BN2 4GL	Monday-Sunday. Shopping bus services	£0 - £5	







CVS	<p>Easylink Shopping Bus services run to local supermarkets Monday to Friday in the mornings, we go to various supermarkets from different areas of the City on different days.</p>  	<p>Best person to contact: Ed Bassford Telephone: 01273 677559 Email: easylink@bhct.co.uk Website: www.bhct.co.uk</p>	<p>run from morning through to evening. Minibuses can be hired any time of day, any day of the week. Contact for further details.</p>		
Contact The Elderly	<p>Supported by a network of volunteers, Contact the Elderly organises monthly Sunday afternoon tea parties for small groups of older people aged 75 and over, who live alone, offering a regular and vital friendship link every month.</p>	<p>Julia Rivas 01273 401569 info@contact-the-elderly.co.uk www.contact-the-elderly.org.uk</p>			
Evergreen Lunch Club CVS	<p>Lunch Club</p>  	<p>St Richard's church The Crossway Hollingdean, Brighton BN1 7BW Best person to contact: Arlene Phillips Telephone: 01273 559996 Email: raymondbond123@mypostoffice.co.uk</p>	<p>Lunchtime Contact for specific times.</p>	<p>£0 - £5</p>	<p>Older People</p>
Free Friday Fry Up CVS	<p>Every Friday morning the side hall is open from 8.30 to 10.30 am for a free breakfast for anyone who would like to drop in, especially with those in mind who live locally and have no other contact with the church. Full English breakfast is served, and there is a chance to meet people and</p>	<p>Portslade Baptist Church South Street Portslade Brighton East Sussex BN41 2LE</p>			







	socialise. This has grown in popularity over the past 2 years and is enjoyed by all who come. Come in through the white door and enjoy!	To get in touch, please email us at breakfast@portsladebaptist.org.uk			
Holland Road Baptist Church	A lunch club offering friendship, food and a sense of family. You are very welcome to join us for a wholesome, cooked lunch at a very reasonable price followed by a short talk. There is plenty of opportunity for conversation and enjoying each other's company. Our values are friendship, fairness, faith, freedom, family and future.	Holland Road Baptist Church 65-71 Holland Road Hove BN3 1JN Map and travel information Office opening hours: Mon, Tues, Thurs & Fri, 9am-5pm. Tel: 01273 732111	Fridays, 11.30am-1.30pm. The main course is served between 11.45am and 12.15pm.	Around £3 for a main meal and dessert	
Hove Luncheon Club	We offer a 3 course meal with tea or coffee and after lunch activities for £2.	Hove Methodist Church Contact: Caroline Helderson: 01273 728678. We are able to provide transport for older people from the Ingram Crescent and Hangleton, Mile oak and Portslade. Our facebook page https://www.facebook.com/hoveluncheonclub/ is updated every week for your info.	Every Tuesday during term time between 12:30-2:30.		
Hove Probus Club CVS	Lunch Club Outings and holidays are organised.  	C/O The Courtlands Hotel Hove BN3 2DL Best person to contact: Graham Gordon Telephone: 01273 726081 Email: generalgordon@btinternet.com	Meet every second Wednesday lunchtime. Contact for further details	Free	Membership is by nomination
Hove Salvation Army CVS	Luncheon Club	Hove Citadel 159 Sackville Road Brighton BN3 3HD	Wednesday 12 noon Contact for further	£0 - £5	



	 	Best person to contact: Douglas Hayter / Michelle Hayter Telephone: 01273 738036 Email: sa.hove@tiscali.co.uk Website: www.hove-sa.org.uk	details		
LifeLines CVS	<p>Nostalgia group – 2pm to 3pm Weekly get-togethers, led by volunteers, to share memories over a cuppa and biscuit. Tea Dance 2pm to 4:30pm – Every 1st Thursday of the month. Join others on the dance floor or just enjoy the music with tea and cakes.</p>	<p>Montague House Montague Place Brighton BN2 1JE Best person to contact: Alan Marchbank Telephone: 01273 688117 Email: amarchbank@csv.org.uk Website: www.lifelinesbrightonhove.org.uk</p>	Monday-Friday and Sunday Morning, lunchtime and afternoon, times vary. Contact for further details.	Free	Older People
Lunch Positive CVS	<p>Lunch Club for people with HIV.</p>  	<p>Dorset Gardens Methodist Church Dorset Gardens Brighton BN2 1RL Best person to contact: Gary Pargeter Telephone: 07846 464384 Email: info@lunchpositive.org Website: www.lunchpositive.org</p>	Friday 12 noon - 3pm	£0 - £5	HIV
Mad Hatters Lunch Club CVS	<p>Weekly lunch club for all ages on Thursday from 12pm - 2.30pm. £4 for a home cooked 2 course meal. Transport available from across the city for £2 per person.</p>   <p>We are interested in disability awareness training</p> <p>We have a mobility scooter that can be used on trips and outings free car parking a</p>	<p>St Georges Hall Moulsecoomb Brighton BN1 9JJ Best person to contact: Pauline Alternative Number: 01273 236500</p>	Lunch Club - every Thursday 12pm - 2.30pm Mad Hatters tea party - every 3rd Wednesday of the month	£0 - £5	







	bus service for the lunches and tea party with a ramp for wheelchairs		2pm - 4pm		
Oasis Christian Fellowship CVS	Worship Slimming World Monday 7-8.15 (£4.95 or £4.65 for the over 60's) Contact Kevin 01273 424481 60+ Gentle Exercise Tuesday 2-2.45 and Thursday 10.30-11.15 £3.50 Contact Susan Ralph 01273 249600 Coffee Break Friday 10-12 Free Art Club Friday 1-3 Cost 50p-£1 Men's Breakfast group. Short Mat Bowls  	Hangleton Way Brighton BN3 8EQ Best person to contact: Andrew Edwards / David Brill - administrator Telephone: 01273 411116 Email: oasischristianfellowship@talktalkbusiness.net Website: www.oasischristianfellowship.org.uk	Monday, Thursday, Friday and Sunday. Morning, lunchtime and afternoon. Call for further details.	Free	Faith
Old Boat Corner Community Centre CVS	Lunch time cafe.   The back garden is not fully accessible to wheelchair users.	Carden Hill Carden Park, Hollingbury Brighton BN1 8GN Best person to contact: Tracy Banks Telephone: 01273 540779 Email: oldboatccc@gmail.com Website: www.obccc.co.uk	Monday-Sunday Cafe open from Monday to Friday 10-2pm. Contact for further details.	£0 - £5	Older People Young Adults Men
Patcham Methodist Church CVS	Lunch Club for the Elderly.  	Ladies Mile Road Patcham Brighton BN1 8QE Best person to contact: John Corin - Church lettings steward Telephone: 01273 882747 Alternative Number: 01273 554953 Email: johnnpan.corin@ntlworld.com Website: www.patchammethodistchurch.co.uk	Monday, Tuesday, Wednesday and Friday Contact for further details	£0 - £5	Older People Women

Patching Lodge <i>PSP</i>	<p>Over 50's in the community welcome unless otherwise stated.</p> <p>Tea Dance returns February – Please call LifeLines on 01273 688117 to book a place, for more information or check that events are running before setting out.</p>	<p>1 - Park Street Brighton BN2 0AQ Best person to contact: Anna Miller and Caroline Carter (Support Workers) Telephone: 01273 680744 Email: Anna.Miller@hanover.org.uk</p>	<p>Monday-Sunday, morning, lunchtime and afternoon. Contact for further details</p>	<p>£0 - £5</p>	<p>Older People</p>
Ralli Hall Lunch and Social Club <i>CVS</i>	<p>Lunch.</p>	<p>81 Denmark Villas Hove BN3 3TH Best person to contact: Jackie Tichauer Telephone: 01273 739999 Email: ralliday@tiscali.co.uk</p>	<p>Tuesday and Thursday. Morning, lunchtime and afternoon. Contact for further details.</p>	<p>£0 - £5</p>	<p>Older People</p>
Robert Lodge Lunch Club <i>CVS</i>	<p>Lunch club for 50 + and disabled people. Raffle and bingo.</p>	<p>Address: 35 - 70 Robert Lodge Meeting Rooms Whitehawk Road Brighton BN2 5FG Best person to contact: Chris El'Shabba Telephone: 01273 608120 Email: christineelshabba@yahoo.co.uk</p>	<p>Tuesday Lunchtime 11.45am - 3pm Contact for further details.</p>	<p>£0 - £5</p>	<p>Older People</p>
Salvation Army <i>PSP</i>	<p>Lunch Club for people 50+</p> <p>Contact for further access details.</p>	<p>Brighton Congress Hall Corps 1 - 6 Park Crescent Brighton BN2 3HD Best person to contact: Enquiries Telephone: 01273 607095</p>	<p>Thursday Lunchtime 12.30pm start. Contact for further</p>	<p>£0 - £5</p>	<p>Older People</p>

		Email: admin@salvationarmybch.org.uk Website: www.salvationarmybhc.org.uk	details.		
St Andrew's Church CVS	Social Club, Parish Lunches.  	C/o St Andrews Rectory Hillside, Moulsecoomb Brighton BN2 4TA Best person to contact: Father John Wall Telephone: 01273 680680 Email: moulsecoombpcc@gmail.com Website: www.achurchnearyou.com/moulscoomb-st-andrew	Tuesday, Thursday, Friday and Sunday. Contact for further details	Free	
St Cuthman's Church CVS	Light Centre - cuppa, chat and a light lunch - offers advice and practical help. Drop-in chat and a light lunch. Both activities are open in term time only.  	1 St Cuthmans Close Whitehawk Brighton BN2 5HW Best person to contact: Father John Wright Telephone: 01273 699424 Email: contact@stcuthmanswhitehawk.org Website: http://www.stcuthmanswhitehawk.org/	Monday, Tuesday and Friday. Morning and Lunchtime. Contact for further details	Free	
St Luke's Church Hall CVS	Afternoon tea. Exercise for over 50's club. Soup 'n' Sarnie club.  	Queens Park Brighton BN2 9YA Best person to contact: Dee Green Telephone: 01273 570978 Email: julie.newson@btinternet.com Website: www.stlukeschurchbrighton.webeden.co.uk/	Monday, Tuesday and Wednesday. Morning, lunchtime and afternoon. Contact for further details.	£0 - £5	Older People
St Michael &	St Michaels Community Café.	Parish Office	Open		

All Angel's Brighton	Michael's has become somewhat renowned for it Saturday community breakfasts, the cheapest (and best!!) in town. The hall is open for fully cooked breakfasts from just £1.50 from 9.00am to 11am every Saturday of the year unless otherwise stated.	St. Michaels Place Brighton BN1 3FU Tel: 01273 822284	Tuesday and Thursday 10am -1pm.		
St Richard Church and Community Centre CVS	Knoll Lunch Club.  	Egmont Rd Hove BN3 7FP Best person to contact: Patricia Weller - centre manager Telephone: 01273 414483 Email: pat.weller@btconnect.com Website: www.hkproject.org.uk	Monday - Saturday. Contact for further details or see website.	£0 - £5	Older People
Stanford Avenue Methodist Church CVS	Lunch club for over 60's.  	Stanford Avenue Brighton BN1 6FD Best person to contact: Robert Patching - lettings steward Telephone: 01273 554411 Email: stanfordmethodist@btconnect.com Website: www.stanfordavenuemeth.co.uk	Monday, Tuesday, Friday lunchtime & evenings. Contact for further details.	£0 - £5	Older People Women
Sudanese & Arabic Speaking Elderly Association CVS	Tea/biscuits/cakes. Bingo. Chair exercises. Takes place at - Oasis Christian Fellowship, Hangleton Way, (corner of Northease Drive) Hove BN3 8EQ. Tel: 01273 411116  	15 Muriel House Ingram Crescent West Hove BN3 5NS Best person to contact: Michael Mansi Telephone: 01273 424371	Fortnightly on a Monday. Morning and lunchtime. Transport available contact group for further details	Free	BME Sudanese and Arabic speakers
Sussex Deaf	Monthly cooked lunches.	Brighton Deaf Centre	Monday to	£0 - £5	Anyone

Association	 	Carlton Hill BRIGHTON BN2 0GW Best person to contact: Christine Jenner Telephone: 01273 671899 Email: info@sussexdeaf.com Website: www.sussexdeaf.com	Friday		with Hearing Impairme nt of any level
The Carers Centre for Brighton and Hove CVS	5 monthly local coffee mornings in different parts of the city. We aim to use accessible venues where possible but some activities may not be. Contact for further access details	18 Bedford Place Brighton BN1 2PT Best person to contact: Sheila Killick Telephone: 01273 746222 Email: sheila.killick@thecarerscentre.org Website: www.thecarerscentre.org	Monday to Friday. Contact for details	Free	Carers
The Chapel Royal Brighton CVS	Coffee morning, AA, Lunch time concerts, Lunch positive, Carers and former carers coffee morning. Not Accessible	North Street Brighton BN1 1EA Best person to contact: Enquiries Telephone: 01273 328767 Email: chapelroyalbrighton@hotmail.com Website: www.chapelroyalbrighton.org.uk	Tuesday, Thursday, Friday and Saturday Morning through to evening. Contact for further details.	£0 - £5	
The Hop 50+	A centre and café open seven days a week, community based groups and minibuss trips. Hop 50+ hosts a wide range of activities and social opportunities for people aged 50+ aimed to improve wellbeing and where people learn new skills and enjoy good food and company.	Lin Hastings, The Hop 50+, Palmeira Square, Hove BN3 2FL, Tel: 01273 729603 Email: olderpeopleservices.bh@impact-initiatives.org.uk			
The Vale Community Centre	Mid-week Cafe.	17a Hadlow Close Brighton BN2 OFH	Monday and Wednesday. Morning,	£0 - £5	

CVS	 	Best person to contact: Nick Wood Telephone: 01273 571573 Email: usethevale@aol.com Website: www.cravenvale.org.uk/the-vale-community-centre.html	lunchtime and afternoon. Contact for further details.		
Working50plus CVS	Meetings twice monthly, mostly with speakers Trips out - subsidised for full members (£5 per annum - but all welcome) Meals together, at meetings and also at other times as organised  	Cornerstone Centre Hove BN3 2FL Best person to contact: Val Cane, Telephone: 07757 169 172 Email: VGCANE@HOTMAIL.COM Website: not applicable Other Web Location: Facebook page Please contact us about an accessibility audit. We are interested in disability awareness training	First and third Tuesdays of the month. 11-1.30 hot drinks, biscuits, simple sandwich lunch; donations requested.	Free	Older People
Z and M Care Ltd PSP	We offer lunch. Furthermore; we are able to offer a supervised bathing service; making use of adapted baths or walk in showers.  	Z and M Care Ltd 2 - 12 Lyndhurst Road HOVE BN3 6FA Best person to contact: Zara MOUSSAVI Telephone: 441273323814 Alternative Number: 07884000425 Email: lyndhurstcarehomes@hotmail.com Website: www.lyndhurstcarehomes.co.uk	10am to 3pm Monday to Friday	Learning Disability Older People	

Cafes and places to meet:

Bohisattva Kadampa Meditation Centre World Peace Cafe & Shop	We offer a delicious range of home-made vegetarian dishes, including quiches, salads and heart-warming soups, as well as freshly ground coffee and yummy cake – all served by our friendly staff.	01273 732917 Bodhisattva KMC, 3 Lansdowne Road, Brighton, East Sussex. BN3 1DN info@meditateinbrighton.com	Tuesdays – Saturdays 11 am – 5.00 pm (closed Sundays and Mondays)		
Dementia / Friendship Café		The Annex Lockwood Crescent, Woodingdean Brighton BN2 6UH. Sophie Mackrell: 01273 726266 email: sophie.mackrell@alzheimers.org.uk website: www.alzheimers.org.uk			
Hawks Community Café	Based at the Whitehawk Hub, Hawks Cafe is a community cafe offering hot and cold drinks as well as hot and cold snacks.	179a Whitehawk Road, Brighton BN2 5GD Contact: 01273 293636	Weekdays 9am - 4.30pm		
Kemp Town Crypt Community Centre <i>(for concerts, venue hire & community centre activities)</i>		St George's Road Kemp Town Brighton BN2 1ED inthecrypt@msn.com 01273 888444			
St Annes Day Centre	The mid-week cafe is open to everyone from 10.30 – 12 Come down for a chat and a coffee or tea. There's also Nick's famous	Vale Community Centre www.stannesdaycentre.org.uk Tel: 01273 602824	Thursdays 10.00am - 12noon Coffee		

	bacon sandwiches as well as biscuits and cakes!	Email: stannedaycentre@talktalk.net	mornings for all older residents (last Thursday of each month). Fridays 12:30pm - 1:30pm Food bank for residents of Queens Park and Craven Vale.		
St Georges Kemptown	St George's Cafe operates within the church on weekdays from 9.30 am to 3.00 pm, serving a range of breakfasts, lunches and light snacks. It's a popular venue for users of the Community Centre downstairs, but we are open to the public. Why not pop in for breakfast, lunch, or just a cuppa and enjoy the special atmosphere of the church.	St George's Road Kemp Town Brighton BN2 1ED info@stgeorgesbrighton.org 01273 279448			
The Cowley Club	Affordable and healthy vegan meals The Cowley Cafe is a friendly space serving delicious vegan meals which are prepared and cooked from scratch fresh each day. We also have a range of loose herb teas and organic hot drinks.	Cowley Club 12 London Road Brighton BN1 4JA Telephone: 01273 696104 email: cowleyclub@riseup.net	Wed-Fri 12-6pm (hot food is served 12.30pm - 3.30pm)		